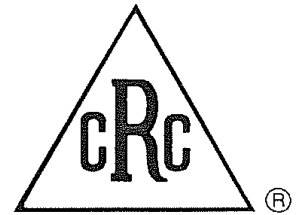


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MEDICINES, COSMETICS & TOILETRIES FOR PESACH

MEDICINES

FOR LAWS OF TAKING MEDICINE ON *SHABBOS* AND *YOM TOV*.
PLEASE CONSULT YOUR RABBI

- All pill medication – with or without *chametz* – that one swallows is permitted. Vitamins and food supplements do not necessarily fall into this category, and each person should consult with their Rabbi.
- Liquid and chewable medications that may contain *chametz* should only be used under the direction of a Doctor and Rabbi, who will judge the severity of the illness, the likelihood that the medicine contains *chametz*, and the possibility of substituting a swallowable pill. **Important: Do not discontinue use of liquid, chewable or any other medicine without consulting with your Doctor and Rabbi.**
- Liquid and chewable medications that contain *kitnios* may be consumed by someone who is ill. An otherwise healthy person, who would like to consume a liquid or chewable medicine to relieve a minor discomfort, should only do so if the product is known to be free of *kitnios*.

COSMETICS & TOILETRIES

- All varieties of blush, body soap, creams, eye shadow, eyeliner, face powder, foot powder, ink, lotions, mascara, nail polish, ointments, paint, shampoo, and stick deodorant are permitted for use on *Pesach* – regardless of the ingredients contained within them.
- Many liquid deodorants, hairsprays, perfumes, colognes, and shaving lotions contain denatured alcohol, and therefore should not be used on *Pesach* unless they are listed as *chametz*-free on a reliable list of *Pesach* products.
- Lipstick, mouthwash and toothpaste which contain *chametz* should not be used.

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