

MEDICINES AND COSMETICS

MEDICINE GUIDELINES

The cRc’s general guidelines on medicines, cosmetics and toiletries can be found on page 3 of this guide. The following is a summary of the medicine portion of those guidelines:

- All pill medication – with or without *chametz* – that one swallows is permitted. [Candy-coated pills are an exception to this rule, but they are quite uncommon.]
- Rav Schwartz, shlit”a has ruled that, as a rule, vitamins do not qualify as medications and are instead treated as food supplements, which require *hashgachah* for Passover. If a doctor prescribes a specific vitamin which does not have Passover supervision, please review your specific situation with your doctor and Rabbi.
- Liquid and chewable medications that may contain *chametz* should only be used under the direction of a doctor and Rabbi, who will judge the severity of the illness, the likelihood that the medicine contains *chametz*, and the possibility of substituting a swallowable pill. **Important: Do not discontinue use of liquid, chewable or any other medicine without consulting with your doctor and Rabbi.**
- Liquid and chewable medications that contain *kitnios* may be consumed by someone who is ill.
- For laws of taking medicine on *Shabbos* and *Yom Tov*, please consult your Rabbi.

MEDICINE AND TOILETRY DETAILS

Items marked “Possible *chametz*” contain edible ingredients whose *chametz*-status we were unable to determine; these items may be permitted for someone who is seriously ill, and consumers should consult with their Rabbi.

For an expanded and updated list of products, search www.ASKcRc.org or our smartphone apps.

ALLERGY

Adwe Allergy Relief (Liquid).....	Recommended
Allegra Children’s Liquid Suspension (Liquid).....	Possible <i>chametz</i>
Allegra Children’s Orally Disintegrating Tablet	Possible <i>chametz</i> (dairy)
Claritin Children’s (Chewable).....	Possible <i>chametz</i>
Zyrtec Children’s Allergy Indoor & Outdoor Allergies (Liquid).....	Possible <i>chametz</i>
Zyrtec Children’s Dissolve Tabs.....	Possible <i>chametz</i>

ANTACID / DIGESTION / GAS

Adwe Calcium Heartburn Relief (Chewable).....	Recommended
Adwe Ko-Lanta Antacid Anti-gas (Liquid) ..	Recommended
Align Capsules	Recommended
Align Jr Cherry Smoothie (Chewable)	Possible <i>chametz</i> (dairy)

Alka Seltzer Alka-Seltzer Xtra Strength (Effervescent Tablets).....	Possible <i>chametz</i>
Alka Seltzer Original Effervescent Tabs.....	Possible <i>chametz</i>
Culturelle Kids (Chewable)	Possible <i>chametz</i>
Culturelle Kids Packets	
Daily Probiotic (Powder).....	Possible <i>chametz</i>
Gas-X Extra Strength	
Cherry Crème (Chewable).....	Possible <i>chametz</i>
Gas-X Extra Strength	
Peppermint Crème (Chewable)	Possible <i>chametz</i>
Imodium AD For Ages 6 & Up (Liquid)...	Possible <i>chametz</i>
Imodium AD Liquid.....	Possible <i>chametz</i>
Imodium AD	
Multi-symptom Relief (Caplets).....	Recommended
Kaopectate Max Peppermint (Liquid).....	Possible <i>chametz</i>
Kaopectate Vanilla Regular Flavor (Liquid)	Possible <i>chametz</i>



Pepto Bismol 5
Symptom Relief (Caplets) Recommended

Pepto Bismol 5
Symptom Relief (Chewable)..... Possible *chametz*

Pepto Bismol 5
Symptom Relief Cherry (Liquid) Possible *chametz*

Pepto Bismol Children's Pepto Bubble
Gum Flavor (Chewable Tablets)..... Possible *chametz*

Pepto Bismol Ultra (Liquid) Possible *chametz*

Tums Assorted Varieties (Chewable)..... Possible *chametz*

BLUSH

All are recommended

BODY SOAP

All are recommended

COLOGNE

Only recommended if free of (denatured) alcohol or if manufactured in the United States

COUGH, COLD & FLU

Adwe Cough Syrup Tussin (Liquid) Recommended

Alka Seltzer Plus Cold Effervescent Tabs (includes Night Cold Formula)..... Possible *chametz*

Alka Seltzer Plus Severe Cold & Flu Formula (Effervescent Tablets) Possible *chametz*

Cold-EEZE Sugar Free Wild Cherry Flavor (Lozenge)..... Not Recommended

Delsym 12 Hour Cough Relief (Orange Flavor) (Liquid)..... Possible *chametz*

Delsym Children's 12 Hour Cough Liquid (Grape Flavor) (Liquid)..... Possible *chametz*

Delsym Children's 12 Hour Cough Liquid (Orange Flavor) (Liquid)..... Possible *chametz*

Mucinex Chest Congestion Mini-Melts for Kids Bubble Gum Flavor (Dissolving Granules)..... Possible *chametz*

Theraflu Multi-Symptom Severe Cold (Packets)..... Possible *chametz*

Thera-Flu Nighttime Severe Cold and Cough (Powder) Possible *chametz*

Triaminic Children's Night Time Cold and Cough (Grape flavor) (Liquid)..... Not Recommended

Triaminic Day Time Cold and Cough Cherry Flavor (Liquid)..... Not Recommended

Vick's DayQuil Cough (Liquid)..... Possible *chametz*

Vicks Nyquil Children's Cold and Cough (Liquid) Possible *chametz*

Vicks Nyquil Cough (Liquid)..... Possible *chametz*

Vicks Nyquil Liquid Cold & Flu (Liquid).... Possible *chametz*

Zarbee's Children's Nighttime Cough Syrup Grape Flavor (Liquid) Possible *chametz*

Zarbee's Naturals Children's Cough Syrup (Liquid) Possible *chametz*

Zicam Cold Remedy RapidMelts (Cherry flavor) (Tablets) Possible *chametz*

Zicam Rapidmelts Ultra (Orange Cream Flavor) (Tablet)..... Possible *chametz*

CREAMS

All are recommended

DEODORANT

Gel..... All are recommended

Liquid..... Recommended if free of (denatured) alcohol or if manufactured in the United States

Spray Recommended if free of (denatured) alcohol or if manufactured in the United States

FIBER SUPPLEMENTS

see Laxatives

FEVER REDUCER / PAIN RELIEF

Adwe Fever-Ex (Liquid) Recommended

Signature Care Junior Strength Ibuprofen Grape Flavor (Chewable) Possible *chametz*

Walgreens Junior Strength Ibuprofen 100 (Orange or Grape flavor) (Chewable)..... Recommended

GAS

see Antacid/Digestion/Gas

HAIRSPRAY AND MOUSSE

Recommended if free of (denatured) alcohol or if manufactured in the United States



INDIGESTION

see Antacid/Digestion/Gas

LAXATIVES / FIBER SUPPLEMENTS



Benefiber (powder)	<i>Chametz</i> (Not Recommended)
Benefiber Healthy Shape (Powder)	<i>Chametz</i> (Not Recommended)
Benefiber Stick Packs (unflavored) (Powder)	<i>Chametz</i> (Not Recommended)
Citrucel (Caplets)	Recommended
Dulcolax Overnight Relief (Tablets)	Recommended
Dulcolax Pink (Tablets)	Recommended
Dulcolax Suppository	Recommended
Epsom Salt (pure) Generic or Branded versions (Powder)	Recommended
Ex-Lax Tablets	Recommended
Fibercon Caplets	Recommended
Generic Mineral Oil (pure) (Liquid)	Recommended
Metamucil Original Coarse (Powder)	Recommended
Miralax (Powder)	Recommended
Pedia-Lax (Suppository)	Recommended
Peri-Colase (Tablets)	Recommended
Phillips Milk of Magnesia (Caplets)	Recommended
Phillips Milk of Magnesia Fresh Mint (Liquid)	Possible <i>chametz</i>
Phillips Milk of Magnesia Original (unflavored) (Liquid)	Recommended
Polyethylene Glycol (pure) Generic or Branded versions (Powder)	Recommended
Prunelax Ciruelax (Tablets)	Recommended
Senokot (Tablets)	Recommended
Senokot-S (Tablets)	Recommended
Walgreens Mineral Oil (Liquid)	Recommended

LOTIONS

All are recommended

MASCARA

All are recommended

MISCELLANEOUS

Asthma Inhalers, all types (Liquid Vapor) ..	Recommended
Bayer Low Dose Baby Aspirin (Cherry and Orange) (Chewable)	Possible <i>chametz</i>
Bonine Complete Raspberry Flavored (Chewable)	Possible <i>chametz</i> (dairy)
Castor Oil (pure) (Liquid)	Recommended
Chapstick Classic Original	Recommended
Chapstick Moisturizer	Recommended
Dramamine Chewables Orange Flavor (Chewable)	Possible <i>chametz</i>
Ensure, Assorted nutritional supplements	See Nutritional Supplement Listings
Femcon Fe (brown and white pills) (Chewable tablet)	Possible <i>chametz</i> (dairy)
Fixodent Original (Cream)	Recommended
FlavorX Apple, Grape, Lemon, Raspberry and Watermelon flavors (Liquid)	Possible <i>chametz</i>
Floss, Flavored	Possible <i>chametz</i>
Floss, Unflavored	Recommended
Kanka Mouth-pain (Liquid)	Possible <i>chametz</i>
Lip Balm, Assorted	Recommended
Listerine PocketPaks, Assorted varieties (Dissolving strip)	Not Recommended
NoDoz Alertness Aid (Pill)	Recommended
Orajel Maximum Strength Toothache (Gel)	Possible <i>chametz</i>
Pedialyte Liters and Singles (Liquid)	Recommended
Polident 3 Minute (Tablet)	Possible <i>chametz</i>
Polident Overnight Whitening (Tablet) ...	Possible <i>chametz</i>
Polygrip Free (Cream)	Recommended
Polygrip Original (Cream)	Recommended
Probiotics powders, liquids & gelpcaps ..	need certification
Probiotics pills	do not need certification
St. Joseph 81mg Aspirin (Chewable)	Possible <i>chametz</i>
Unisom SleepTab (Tablet)	Recommended
Vicks ZzzQuil (Liquid)	Possible <i>chametz</i>
Vivarin (Tablet)	Recommended

MOUSSE

see Hairspray and Mousse

MOUTHWASH

Only recommended if known to be chametz-free

NAIL POLISH

All are recommended

OINTMENTS

All are recommended



PERFUME

Recommended if free of (denatured) alcohol or if manufactured in the United States

SHAMPOO

All are recommended

SHAVING CREAM

Cream All are recommended

Gels All are recommended

Liquid Recommended if free of (denatured) alcohol or if manufactured in the United States

Lotion..... All are recommended

TOOTHPASTE

Only recommended if known to be chametz-free

VITAMINS

See Guidelines above

WIPES

Recommended if free of (denatured) alcohol or if manufactured in the United States

The cRc investigates the kosher status of **medicinal items** for Pesach and year-round (See our website at <http://bit.ly/OTCList>, by searching at www.ASKcRc.org, or our app.) If you have a question about something not listed there, feel free to take a picture of all sides of the package, making sure to also include the active and inactive ingredients, and send it to info@crcweb.org, so someone can help you.

In addition of proving a wealth of **kashrus information** on our websites and apps, the cRc is happy to answer questions submitted by members of the community. Often, these questions require time and effort to research and make sure we are providing accurate and up-to-date information; serving the public is our mission and we are happy to make that effort. Occasionally, someone eager for an answer will direct the same question to several members of our *kashrus* team, not realizing that all of them may wind up spending time researching the very same question, which reduces the number of questions from the public that we field during that time. Therefore, we ask that questions be submitted only to one member of our *kashrus* team. Thank you for being considerate with our time and resources and helping us to better serve the community.