

Medicines and Cosmetics

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The cRc’s general guidelines on medicines, cosmetics, and toiletries can be found on page 3 of this guide. The following is a summary of the medicine portion of those guidelines:

Medicines Guidelines

The cRc’s general guidelines on medicines, cosmetics and toiletries can be found on page 3 of this guide. The following is a summary of the medicine portion of those guidelines:

- All pill medication – with or without *chametz* – that one swallows is permitted.
- Rav Schwartz, Shlit”a, has ruled that, as a rule, vitamins do not qualify as medications and are instead treated as food supplements, which require *hashgachah* for Passover. If a doctor prescribes a specific vitamin which does not have Passover supervision, please review your specific situation with your doctor and Rabbi.
- Liquid and chewable medications that may contain *chametz* should only be used under the direction of a doctor and Rabbi, who will judge the severity of the illness, the likelihood that the medicine contains *chametz*, and the possibility of substituting a swallowable pill. **Important: Do not discontinue use of liquid, chewable or any other medicine without consulting with your doctor and Rabbi.**
- Liquid and chewable medications that contain *kitnios* may be consumed by someone who is ill.
- For laws of taking medicine on *Shabbos* and *Yom Tov*, please consult your Rabbi.

Medicine and Toiletry Details

Items marked “Possible *Chametz*” contain edible ingredients whose *chametz*-status we were unable to determine; these items may be permitted for someone who is seriously ill, and consumers should consult with their Rabbi.

For an expanded and updated list of products, search www.ASKcRc.org or our smartphone apps.

Allergy

Allegra Children's Liquid Suspension..Possible chametz
Allegra Children's Orally Disintegrating Tablet
..... Possible chametz (dairy)
Claritin Children's Chewable Possible chametz
Signature Care 24 Hour Children's Allergy Relief
Grape Flavored (liquid) Possible chametz
Zyrtec Children's Allergy Indoor & Outdoor Allergies
(Liquid)..... Possible chametz
Zyrtec Dissolve Tabs (Tablets)..... Possible chametz

Antacid / Digestion / Gas

Align Capsules Recommended
Alka Seltzer Original Effervescent Tabs
..... Possible chametz
Alka-Seltzer Xtra Strength (Effervescent Tablets)
..... Possible chametz
Culturrelle Kids Chewables Possible chametz
Culturrelle Kids Packets (Powder) ..Not Recommended
Gas-X Extra Strength Chewables Cherry Crème
..... Possible chametz
Gas-X Extra Strength Chewables Peppermint Crème
..... Possible chametz
Gas-X Extra Strength Thin Strips (Meltaway)
..... Possible chametz
Gaviscon Extra Strength Original (Chewable)
..... Possible chametz
Imodium AD For Ages 6 & Up Liquid
..... Possible chametz
Imodium AD Liquid..... Possible chametz
Imodium AD Multisymptom Relief Caplets
..... Recommended
Kaopectate Max Peppermint (Liquid)
..... Possible chametz
Kaopectate Vanilla Regular Flavor (Liquid)
..... Possible chametz
Pepcid Complete Berry Flavor Chewables (dairy)
..... Possible chametz
Pepcid Complete Cool Mint Chewables (dairy)
..... Possible chametz
Pepto Bismol 5 Symptom Relief Caplets
..... Recommended
Pepto Bismol 5 Symptom Relief Cherry (Liquid)
..... Possible chametz
Pepto Bismol 5 Symptom Relief Chewable
..... Possible chametz
Pepto Bismol Children's Pepto Bubble Gum Flavor
(Chewable Tablets) Possible chametz
Pepto Bismol Max Strength Liquid ... Possible chametz
Tums (all varieties) Possible chametz

Blush All are recommended

Body Soap All are recommended

Cologne

Only recommended if free of (denatured) alcohol or if
manufactured in the United States



Cough, Cold & Flu

Alka Seltzer Plus Cold Effervescent Tabs (includes
Night Cold Formula) Possible chametz
Alka Seltzer Plus Severe Cold & Flu Formula
(Effervescent Tablets)..... Possible chametz
Delsym Children's 12 Hour Cough Liquid
(assorted flavors)..... Possible chametz
Delsym Liquid Cough Suppressant (Liquid)
..... Possible chametz
Diabetic Tussin DM Max Strength Cough
Suppressant/Expectorant (Liquid)
..... Possible chametz
Mucinex Chest Congestion Mini-Melts for Kids
Bubble Gum Flavor (Dissolving Granules)
..... Possible chametz
Mucinex Cough Mini-Melts for Kids Orange Crème
Flavor (Dissolving Granules)
..... Possible chametz
Theraflu Multi-Symptom Severe Cold (Packets)
..... Possible chametz
Theraflu Nighttime Severe Cold and Cough Powder
..... Possible chametz
Triaminic Children's Night Time Cold & Cough
(Liquid)Not Recommended
Triaminic Day Time Cold & Cough Cherry Flavor
(Liquid)Not Recommended
Triaminic Night Time Cough and Cold (Liquid)
.....Not Recommended
Vicks DayQuil Cough (Liquid) Possible chametz
Vicks Nyquil Children's Cold & Cough (Liquid)
..... Possible chametz
Vicks Nyquil Liquid Cold & Flu (Liquid)
..... Possible chametz
Zarbee's Children's Nighttime Cough Syrup
..... Possible chametz
Zarbee's Naturals Children's Cough Syrup
..... Possible chametz

Creams All are recommended

Deodorant

Gel..... All are recommended
Liquid..... Recommended if free of (denatured) alcohol

or if manufactured in the United States
 Spray..... Possible *chametz*
Fiber Supplements.....see Laxatives
Face Powder All are recommended
Fever Reducer / Pain Relief
 Signature Care Junior Strength Ibuprofen Grape
 Flavor Chewable Possible *chametz*
 Walgreens Extra Strength Pain Reliever Acetaminophen
 (Cherry Flavor) (Liquid).....Recommended
 [consult with doctor for children's dosaging]
 Walgreens Junior Strength Ibuprofen 100 Chewable
 Tablets (assorted flavors).....Recommended
Foot Powder All are recommended
Gas see Antacid/Digestion/Gas
Hairspray and Mousse
 Recommended if free of (denatured) alcohol or if
 manufactured in the United States
Indigestion..... see Antacid/Digestion/Gas
Laxatives / Fiber Supplements
 Benefiber Healthy Shape (Powder)
 Chametz (Not recommended)
 Benefiber Powder Chametz (not recommended)
 Benefiber Stick Packs (unflavored) (Powder)
 Chametz (not recommended)
 Citrucel CapletsRecommended
 Dulcolax Suppository.....Recommended
 Fibercon CapletsRecommended
 Metamucil 4 in 1 MultiHealth Fiber Original Smooth
 (Powder)..... Possible *chametz*
 Miralax Powder.....Recommended
 Pedia-Lax SuppositoryRecommended
 Peri-Colace Tablets.....Recommended
 Phillips' Milk of Magnesia Caplets
Recommended
 Phillips' Milk of Magnesia Fresh Mint (Liquid)
 Possible *chametz*
 Phillips' Milk of Magnesia Original Liquid
 (unflavored)Recommended
 Prunelax Ciruelax TabletsRecommended
 Senokot TabletsRecommended
 Senokot-S TabletsRecommended
 Walgreens Mineral OilRecommended
Lipstick
 Almay Color + Care Liquid Lip Balm ..Recommended
 Almay Smart Shade Butter Kiss.....Recommended
 bareMinerals Gen Nude Buttercream Lipgloss
Recommended
 bareMinerals Gen Nude Matte Liquid Lipcolor
Recommended
 bareMinerals Gen Nude Radiant Lipstick
Recommended
 bareMinerals Jack Of All Trades Lip Balm
Recommended

bareMinerals Marvelous Moxie Lipgloss
 Recommended
 bareMinerals Marvelous Moxie Lipstick
 Recommended
 bareMinerals Pop Of Passion Lip Oil-Balm
 Recommended
 Bobbi Brown Creamy Lip Color Possible *chametz*
 Bobbi Brown Creamy Matte Lip Color... Recommended
 Bobbi Brown High Shimmer Lip Gloss ..Recommended
 Bobbi Brown Lip Color Recommended
 Bobbi Brown Lip Gloss..... Recommended
 Bobbi Brown Luxe Lip Color..... Recommended
 Bobbi Brown New Sheer Lip Gloss..... Recommended
 Bobbi Brown Nourishing Lip Color..... Recommended
 Bobbi Brown Pot Rouge Recommended
 Bobbi Brown Rich Color Gloss..... Recommended
 Bobbi Brown Rich Lip Color Possible *chametz*
 Bobbi Brown Sheer Lip Color..... Recommended
 Clinique Almost Lipstick Black Honey ..Recommended
 Clinique Crayola Chubby Stick Intense
 Moisturizing Lip Colour Balm Recommended
 Clinique Different Lipstick Recommended
 Clinique Long Last Glosswear..... Recommended
 Clinique Long Last Lipstick..... Recommended
 Clinique Long Last Soft Matte Lipstick
 Recommended
 Clinique Pop Matte Lip Colour + Primer
 Recommended
 Clinique Quickliner For Lips Intense... Recommended
 Clinique Sweet Pots Sugar Scrub and Lip Balm
 Recommended
 Estee Lauder All Day Lipstick..... Recommended
 Estee Lauder Double Wear Lip Duo Recommended
 Estee Lauder Pure Color Crystal Lipstick
 Recommended
 Estee Lauder Pure Color Envy Lipstick
Not Recommended
 Estee Lauder Pure Color Long Lasting Lipstick
 Recommended
 Estee Lauder Signature LipstickNot Recommended
 Lancôme Color Design Recommended
 Lancôme Rouge In Love Recommended
 Lancôme Shine Lover- Recommended
 Lancôme L'absolu Rouge..... Recommended
 L'Oréal Colour Caress Wet Shine Stain
 Possible *chametz*
 L'Oréal Colour Riche Balm Recommended
 L'Oréal Colour Riche Lipcolour: Recommended
 L'Oréal Extraordinaire By Colour Riche
 Recommended
 L'Oréal Infallible 8 Hr Le Gloss Recommended
 L'Oréal Infallible Le Rouge Recommended
 Maybelline Color Sensational Creamy
 Matte Lip Color Recommended

Maybelline Color Sensational Vivids LipcolorRecommended	Chapstick Classic Original.....Recommended
Maybelline Super Stay 14 Hour LipstickRecommended	Citrus Magic.....Recommended
Revlon Colorburst Balm Stain Lipstain Possible chametz	Clorox 4 in 1 Disinfecting Spray..... Possible chametz
Revlon Colorstay Overtime Lipcolor BasecoatRecommended	Dramamine Chewables Orange Flavor Possible chametz
Revlon Colorstay Overtime Lipcolor TopcoatRecommended	Fixodent Extra Hold (Powder)Recommended
Revlon Colorstay Ultimate Suede LipstickRecommended	Fixodent Free (Cream)Recommended
Revlon Lip Balm.....Recommended	Fixodent Original (Cream).....Recommended
Revlon Moon Drops Frost Lipstick.....Recommended	Lysol Disinfecting Spray (assorted varieties) Possible chametz
Revlon Moon Drops Lipstick Crème ...Recommended	NoDoz Alertness Aid (Pill)Recommended
Revlon Super Lustrous High Shine LipstickRecommended	Polident 3 Minute (Tablet) Possible chametz
Revlon Super Lustrous Lipstick Cream ...Recommended	Polident Overnight Whitening (Tablet) Possible chametz
Revlon Super Lustrous Matte.....Recommended	Polygrip Free (Cream)Recommended
Revlon Super Lustrous Pearl.....Recommended	Polygrip Original (Cream)Recommended
Ulta3 Colour Me Pretty Lipstick CrayonRecommended	Vivarin (Tablet)Recommended
Ulta3 Liquid Lip ShineRecommended	Mouth Pain Relief
Ulta3 Moisturizing LipstickRecommended	Abreva GelRecommended
Ulta3 Matte Lipstick..... Possible chametz	Anbesol Maximum Strength Liquid.. Possible chametz
Wet and Wild 3 Piece Velvet Lip Set....Recommended	Kanka Mouth-pain Liquid Possible chametz
Wet and Wild Color Icon Lip Gloss BundleRecommended	Orajel Maximum Strength Toothache (Gel) Possible chametz
Wet and Wild Color Icon Lipliner.....Recommended	Orajel Mouth Sores Triple Medicated (Gel)Recommended
Wet and Wild Glassy Gloss Lip Gel.....Recommended	Mousse see Hairspray and Mousse
Wet and Wild Megalast Liquid Catsuit Matte LipstickRecommended	Mouthwash Only recommended if known to be <i>Chametz</i> -free
Wet and Wild Megalast Liquid Lip ColorRecommended	Nail Polish All are recommended
Wet and Wild Megaslicks Balm Stain...Recommended	Ointments All are recommended
Wet and Wild Perfect Pair Ombre Lip WandRecommended	Perfume Recommended if free of (denatured) alcohol or if manufactured in the United States
Wet and Wild Perfect Pout Gel Lip LinerRecommended	Shampoo All are recommended
Wet and Wild Silk Finish Lipstick.....Recommended	Shaving cream Cream..... All are recommended
Lotions All are recommended	Gels All are recommended
Mascara All are recommended	Liquid..... Possible chametz
Miscellaneous	Lotion..... All are recommended
Asthma Inhalers, all types (Liquid Vapor)Recommended	Sleep Aids Unisom PM Pain SleepCap (Caplet)Recommended
Bayer Low Dose Baby Aspirin Chewables (Cherry or Orange) Possible chametz	Unisom SleepMelts (Meltaway)..... Possible chametz
Bonine Complete Raspberry Flavored (Chewable)..... Possible chametz (dairy)	Vicks ZzzQuil Liquid Possible chametz
Castor Oil (pure, liquid)Recommended	Toothpaste Only recommended if known to be <i>Chametz</i> -free
	VitaminsSee Guidelines above
	Wipes Recommended if free of (denatured) alcohol or if manufactured in the United States