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The following are general guidelines for the consumption of over the counter medications. [For more details and sources, see our article at <http://bit.ly/KosherOTC>, starting on the second page. For FAQs or to ask a question see <http://bit.ly/KosherFAQ>].

1. Pill medications that one swallows are permitted even if they contain non-kosher ingredients. Two exceptions to that rule are:
 - Vitamins – In most cases vitamins do not qualify as medicine, and instead are treated as food supplements which require *hashgachah*. If a doctor prescribes a specific vitamin which is not kosher certified, please review your specific situation with your doctor and Rabbi. An exception is that multivitamins and prenatal multivitamins which are in tablet form are acceptable even if they are not kosher-certified. This exception does not apply to (a) Pesach, (b) similar products in chewable, liquid, or gelcap, or (c) tablets with just one or two vitamins in them.
 - Gelcaps – Gelcaps (hard or soft) should only be taken by someone who is ill and does not have any alternative medicine that is free of *kashrus* concerns.
2. Liquid and chewable medication that contains kosher-sensitive ingredients should only be used under the direction of a doctor and Rabbi, who will judge the severity of the illness, the likelihood that the medicine is non-kosher, and the possibility of substituting an alternative which is free of *kashrus* concerns.
3. Please consult your Rabbi for the laws of taking medicine on *Shabbos* and *Yom Tov*.
4. **Do not discontinue the use of any medicine without consulting with your doctor and Rabbi.**
5. **This list is for year round use and does not include information for Pesach.**
6. This information on this list is updated regularly. This edition should not be used after December 31, 2024.

cRc - Over The Counter Medicine List

Allergy

Alavert (Citrus Burst) Allegra	Children's Oral Suspension	Disintegrating Tablets	Recommended
			cRc Kosher has not investigated this item, but Rabbi Bess and the Kollel of Los Angeles have researched it and determined that it is suitable for use year-round and for Pesach.
At Home Health Benadryl	Children's Allergy Liquid (Cherry Flavor) Allergy Plus Congestion Chewable Tablets	Liquid Chewable Tablets	Recommended cRc Kosher has not investigated this item, but Rabbi Bess and the Kollel of Los Angeles have researched it and determined that it is suitable for use year-round and for Pesach.
Benadryl	Children's Allergy (All flavors)	Liquid	Recommended
Claritin	Children's Chewable Grape Flavor	Chewable	Recommended
Claritin	Children's Non-Drowsy Oral Solution (Grape)	Liquid	Recommended when bearing the OK
Claritin	Liqui-Gels	Liquid Filled Capsules	Not Recommended

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Allergy

Claritin	RediTabs (Dissolves on Tongue)	Dissolving tablet	Not recommended
CVS Health	Children's Allergy Relief Dye-Free, Sugar-Free (Grape Flavor)	Liquid	Recommended
Genexa	Kid's Allergy	Liquid	Recommended
Kirkland	Children's Aller-Tec Sugar-Free Dye-Free (Grape Flavor)	Liquid	Recommended
Nasacort Nose Spray	Allergy 24 Hour	Liquid	Recommended
Ohm	Children's Chewable Tablets, Dye Free, Grape	Chewable Tablets	Recommended
ohm	Children's Loratadine Dye-Free Chewable Tablets (Grape Flavor)	Chewable Tablets	Recommended
Signature Care	24 Hour Childrens Allergy Relief Grape Flavored	liquid	Not Recommended
Up & Up	Children's Allergy	Chewable Tablets	Recommended
Up & Up	Children's Allergy Relief (Grape Flavor)	Chewable tablets	Recommended
Up & Up	Children's Allergy Relief Dye and Sugar Free (Grape Flavor)	Liquid	Recommended
Up & Up	Children's Allergy Relief Dye-Free (Bubblegum Flavor)	Liquid	Not Recommended
Walgreens	24-Hour Children's Allergy Relief Dye-Free (Grape Flavor)	Liquid	Recommended
Walgreens	Children's Wal-Zyr Dye-Free (Grape Flavor)	Liquid	Recommended
Xyxal	Children's Allergy 24 Hr (Tutti Fruitti Flavor)	Liquid	Not Recommended
Zyrtec	Children's Dye-Free Chewables (Grape Flavor)	Chewable Tablets	Recommended, Dairy
Zyrtec	Childrens Allergy Indoor & Outdoor Allergies	Liquid	Recommended
Zyrtec	Children's Dissolve Tabs	Tablets	Recommended

Cold and Flu

See also 'Cough'

Airborne		Chewable tablets	Not Recommended
Alka Seltzer	Alka Seltzer Plus Cold Effervescent Tabs (includes Night Cold Formula)	Tablets	Recommended
Alka Seltzer	Alka Seltzer Plus Severe Cold & Flu Formula	Effervescent Tablets	Recommended
Alka Seltzer Plus	Sever Cold + Flu Night (Honey Lemon Zest)	Packets	Recommended
Alka Seltzer Plus	Severe Cold and Flu Day (Honey Lemon Zest)	Packets	Not Recommended
Alka Seltzer Plus	Severe Cold Powerfast Fizz Night	Effervescent Tablets	Recommended
Alka-Seltzer Plus	Powermax Gels Cold & Cough	Liquid Gel	Not Recommended
Alka-Seltzer Plus (Powermax Gels)	Sinus & Cold (Includes both Day and Night varieties)	Liquid Gels	Not Recommended

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Cold and Flu

See also 'Cough'

Amazon Basic Care	Children's Pain and Fever (Grape Flavor)	Liquid	Not Recommended
Amazon Basic Care	NightTime Cold and Flu (Cherry Flavor)	Liquid	Recommended
Beekeeper's Naturals	Immune Support	Throat Spray	Not Recommended
Boiron	Oscillococcinum	Dissolving Pellets	Not Recommended
Cold-EEZE	Cherry Flavor	Lozenge	Recommended for cholim (sick people)
Cold-EEZE	Honey Lemon Flavor	Lozenge	Recommended for cholim (sick people)
Cold-EEZE	Sugar Free Wild Cherry Flavor	Lozenge	Recommended for cholim (sick people)
CVS Health	Children's Cold and Cough (Orange Flavor)	Liquid	Not Recommended
CVS Health	Extra Strength Acetaminophen (Adult)	Liquid	Recommended
Dimetapp	Childrens Cold and Allergy Liquid	Liquid	Not Recommended
Dimetapp	Children's Cold and Cough	Liquid	Not Recommended
Equate	Children's Acetaminophen Chewable (Bubble Gum or Grape Flavor)	Chewable	Recommended
Equate	Children's Chewable Ibuprofen Grape Flavor	Chewable	Recommended
Equate	Infants Dye-Free Ibuprofen Drops, Berry Flavor	Liquid	Not Recommended
Equate	Nighttime Cold & Flu (Cherry Flavor)	Liquid	Recommended
Genexa	Flu Fix	Chewable Tablets	Recommended
Genexa	Kids Cold Crush	Chewable Tablets	Recommended
Mucinex	Fast Max Cold, Flu and Sore Throat	Liquid	Not Recommended
Mucinex	Fast Max Nightshift Cold & Flu	Liquid	Not Recommended
Signature Care	Nighttime Cold and Flu Relief (Cherry Flavor)	Liquid	Recommended
Sudafed	Childrens PE Cold and Cough	Liquid	Not Recommended
Sudafed	Childrens PE Nasal Decongestant	Liquid	Not Recommended
Sudafed PE	Children's Cold & Cough	Liquid	cRc Kosher has not investigated this item, but Rabbi Bess and the Kollel of Los Angeles have researched it and determined that it is suitable for use year-round and for Pesach.

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Cold and Flu

See also 'Cough'

Sudafed PE	Children's Nasal Decongestant (Grape or Berry Flavor)	Liquid	cRc Kosher has not investigated this item, but Rabbi Bess and the Kollel of Los Angeles have researched it and determined that it is suitable for use year-round and for Pesach.
Theraflu	Flu Relief Max Strength Nighttime (Honey and Elderberry Flavor)	Liquid	Not Recommended
Theraflu	Flu Relief Max Strength Nighttime Honey Lemon Flavor	Packets	Recommended
Theraflu	Max Strength Daytime Honey Lemon Flavor	Packets	Recommended
Theraflu	Multi-Symptom Severe Cold	Packets	Recommended
Theraflu	Multi-Symptom Severe Cold Nighttime Tea Infusions with Green Tea and Citrus	Packets	Recommended
Theraflu	Severe Cold Relief Combo Pack (Honey Lemon Flavor)	Packets	Recommended
Thera-Flu	Nighttime Severe Cold and Cough Powder	Powder	Recommended
Top Care	Children's Ibuprofen	Liquid	Not Recommended
Triaminic	Children's Night Time Cold and Cough (Grape flavor)	Liquid	Recommended
Tylenol	Children's Cold + Cough + Runny Nose	Liquid	cRc Kosher has not investigated this item, but Rabbi Bess and the Kollel of Los Angeles have researched it and determined that it is suitable for use year-round and for Pesach.
Tylenol	Children's Cold + Cough + Sore Throat	Liquid	cRc Kosher has not investigated this item, but Rabbi Bess and the Kollel of Los Angeles have researched it and determined that it is suitable for use year-round and for Pesach.
Tylenol	Children's Cold + Flu	Liquid	cRc Kosher has not investigated this item, but Rabbi Bess and the Kollel of Los Angeles have researched it and determined that it is suitable for use year-round and for Pesach.
Tylenol	Cold+Flu Severe Warming Honey Lemon	Liquid	Not Recommended

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Cold and Flu

See also 'Cough'

Up & Up	Children's Acetaminophen Chewables	Chewable Tablets	Recommended
Vicks	Dayquil Liquid Cold and Flu	Liquid	Not Recommended
Vicks	Nyquil Cold and Flu	Liquid	Not Recommended
Vicks	Nyquil Cold and Flu LiquiCaps	Liquicaps	Not Recommended
Vicks	Nyquil Cold and Flu Nighttime Relief Alcohol 10% Cherry	Liquid	Not Recommended
Vicks	NyQuil Severe Cold and Flu	Liquid	Not Recommended
Vicks	Nyquil/Dayquil Cold and Flu LiquiCaps	Liquicaps	Not Recommended
Zarbees	Children's Immunity Syrup (Mixed Berry Flavor)	Liquid	Not Recommended
Zicam	Cold Remedy Rapid Melts with Echinacea (Lemon-Lime flavor)	Tablet	Recommended
Zicam	Cold Remedy RapidMelts Tablets	Tablets	Recommended
Zicam	Cold Remedy Rapidmelts (Citrus Flavor)	Tablet	Recommended
Zicam	Lozenges (Wild Cherry Flavor)	Lozenge	Recommended
Zicam	No Drip Nasal Spray	Liquid	Recommended
Zicam	Oral Mist	Liquid	Not Recommended
Zicam	Rapidmelts Ultra (Orange Cream Flavor)	Tablet	Recommended

Cough

See also 'Cold and Flu'

Alka Seltzer Plus	Cough and Chest Congestion (Cool Blueberry Pomegranate flavor)	Effervescent Tablets	Recommended
Cepacol	Extra Strength Sore Throat Lozenges (Assorted Flavors)	Lozenge	Recommended for cholim (sick people)
Chestal by Boiron	Honey Cough Syrup	Liquid	Recommended
Chestal by Boiron	Kids Honey Cough Syrup	Liquid	Recommended
Chloraseptic	Sore Throat	Lozenge	Not Recommended
Chloraseptic	Spray	Liquid	Not Recommended
Delsym	12 Hour Cough (Orange Flavor)	Liquid	Recommended
Delsym	Children's 12 Hour Cough Liquid (Grape Flavor)	Liquid	Recommended
Delsym	Children's 12 Hour Cough Liquid (Orange Flavor)	Liquid	Recommended
Delsym	Cough + Chest Congestion DM Cherry	Liquid	Not Recommended
Genexa	Kids Cough and Chest Congestion	Liquid	Recommended
Halls	Breezers Cool Berry	lozenge	Recommended for cholim (sick people)
Halls	Defense Assorted Citrus	Lozenge	Recommended for cholim (sick people)
Halls	Relief Cherry	Lozenge	Recommended for cholim (sick people)
Halls	Relief Mentho-Lyptus	Lozenge	Recommended for cholim (sick people)

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Cough

See also 'Cold and Flu'

Halls	Soothe Honey Vanilla Flavor	Lozenge	Recommended for cholim (sick people)
Little Remedies	Honey Cough Syrup	liquid	Recommended
Mucinex	Childrens Cough Liquid	Liquid	Not Recommended
Mucinex	Children's Multi-Symptom Cold Very Berry Flavor	Liquid	Not Recommended
Mucinex	Children's Stuffy Nose & Chest Congestion (Very Berry Flavor)	Liquid	Not Recommended
Mucinex	Cough Mini-Melts for Kids Orange Creme Flavor	Dissolving Granules	Recommended
Mucinex	Fast Max Severe Congestion and Cough	Liquid	Not Recommended
Mucinex	Fast-Max DM Max Liquid	Liquid	Not Recommended
Mucinex	InstaSoothe Sore Throat and Pain Relief Spray	Spray	Recommended
Resfriol-ito	Baby Cough Syrup + Mucus (Grape Flavor)	Liquid	Recommended
Ricola	Honey Herb	Lozenge	Recommended
Ricola	Lemon Mint	Lozenge	Recommended
Ricola	Lemon Mint - Sugar Free	Lozenge	Recommended
Ricola	Natural Herb (original)	Lozenge	Recommended
Robitussin	Adult Cough+Chest Congestion DM	Liquid	Not Recommended
Robitussin	Childrens Cough and Cold (fruit punch)	Liquid	Not Recommended
Robitussin	Long-Acting Cough Gels	Liqui-gels	Not Recommended
Robitussin	Maximum Strength Cough and Chest Congestion DM	Liqui-gel Capsules	Recommended for cholim (sick people)
Safetussin DM	Day Time Cough Relief	Liquid	Not Recommended
Sucrets	Sore Throat and Cough	Lozenge	Recommended for cholim (sick people)
Theraflu	Cough Relief	Liquid	Recommended
Triaminic	Day Time Cold and Cough Cherry Flavor	Liquid	Recommended
Zarbees	Baby Cough Syrup + Immune (Natural Grape Flavor or Natural Cherry Flavor)	Liquid	Recommended
Zarbees	Baby Cough Syrup + Immune with Agave (Natural Grape Flavor)	Liquid	Recommended
Zarbees	Baby Cough Syrup + Mucus	Liquid	Recommended
Zarbees	Baby Cough Syrup + Mucus (Natural Cherry Flavor)	Liquid	Recommended
Zarbees	Children's Daytime Cough Syrup + Mucus, Throat & Nasal	Liquid	Recommended
Zarbees	Children's Daytime Cough Syrup Plus Immune (Natural Mixed Berry Flavor)	Liquid	Recommended
Zarbees	Children's Nighttime Cough Syrup (All flavors)	Liquid	Recommended
Zarbees	Children's Nighttime Cough Syrup + Immune (Natural Mixed Berry Flavor)	Liquid	Recommended

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Cough

See also 'Cold and Flu'

Zarbees	Children's Nighttime Cough Syrup + Mucus (Natural Mixed Berry Flavor)	Liquid	Recommended
Zarbees	Cough Syrup +Mucus (Mixed Berry Flavor)	Liquid	Recommended
Zarbees	Naturals Childrens Cough Syrup	Liquid	Recommended

Cough Drops

Halls	Triple Soothing Action (Honey Lemon Flavor)	Lozenge	Recommended for cholim (sick people)
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Digestive Health

Align	Capsules	Capsules	Recommended (dairy)
Beano	Extra-Strength Tablets	Tablet	Recommended
Beano	Strawberry Meltaways Gluten Free	Meltaway	Recommended
Culturelle	Baby Grow+Thrive Probiotic + Vitamin D	Packet	Recommended
Culturelle	Baby Immune + Digestive Support Probiotic + Vitamin D	Liquid	Recommended
Culturelle	Daily Probiotic Chewables (Fresh Orange Flavor)		Not Recommended
Culturelle	Digestive Daily Probiotic	Vegetarian Capsule	Recommended
Culturelle	Immune Defense Probiotic with Vitamins C, D, Zinc, and Elderberry	Chewable Tablet	Not Recommended
Culturelle	Kids Complete Multivitamin + Probiotic Chewable - Digestive & Immune Support for Kids - With Vitamin C, D3 and Zinc (Fruit Punch Flavor)	Tablet	Not Recommended
Culturelle	Kids Immune Defense Probiotic with Vitamins C & D, Zinc and Elderberry	Chewable Tablets	Not Recommended
Culturelle	Kids Probiotic + Fiber Regularity Packets	Powder	Recommended
Culturelle	Kids Purely Probiotics	Packets	Recommended
Culturelle	Kids Purely Probiotics Chewables, Bursting Berry Flavor	Chewable Tablet	Recommended
Culturelle	Kids Ultimate Balance for Antibiotics (Fresh Orange Flavor)	Chewable Tablets	Recommended
Culturelle	Ultimate Strength Probiotic	Capsules	Recommended
Culturelle	Women's 4 in 1 Protection	Capsules	Recommended
Florastor (Dairy)	Vegetarian Capsules	Capsule	Recommended for cholim (sick people) and only if there is no alternate in tablet form - dairy
Imodium AD	For Ages 6 & Up Liquid	Liquid	Not Recommended (except in cases of severe diarrhea)

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Digestive Health

Imodium AD	Liquid	Liquid	Not Recommended (except in cases of severe diarrhea)
Imodium AD	Multisymptom Relief Caplets	Caplets	Recommended
Kaopectate	Max Peppermint	Liquid	Recommended
Kaopectate	Vanilla Regular Flavor	Liquid	Recommended
Nature's Way	Primadophilus Kids (Cherry Flavor)	Chewable tablets	Recommended
Probiotics	Assorted	Assorted	Powders, liquids, capsules & gels need certification; pills do not

Fiber Supplement/Laxative

Benefiber	Healthy Shape	Powder	Recommended
Benefiber	Powder	powder	Recommended
Benefiber	Prebiotic on the GO Stick Packs (Strawberry Lemonade Flavor)	Powder	Not Recommended
Benefiber	Stick Packs (unflavored)	Powder	Recommended
Cirulax Prunelax	Maximum Relief	Coated Tablet	Recommended
Citrucel	Caplets	Caplets	Recommended
Citrucel	Regular Powder (Orange Flavor)	Powder	Not Recommended unless other choices are not suitable
Citrucel	Sugar Free Powder (Orange flavor)	Powder	Not Recommended unless other choices are not suitable
Colace	Capsules	Capsule	Not Recommended
Dulcolax	Liquid (Cherry Flavor)	Liquid	Not Recommended
Dulcolax	Overnight Relief	Tablets	Recommended
Dulcolax	Pink Comfort Coated Tablets	Tablets	Not Recommended
Dulcolax	Pink Overnight Relief	Tablets	Recommended
Dulcolax	Soft Chews	Chewables	Not Recommended
Dulcolax	Stool Softener	Liquid Gel	Not Recommended
Dulcolax	Suppository	Suppository	Recommended
Epsom Salt (pure)	Generic or Branded versions	Powder	Recommended
Ex-Lax	Chocolated Stimulant Laxative	Chocolate Pieces	Not Recommended
Ex-Lax	Tablets	Tablets	Recommended
Fibercon	Caplets	Caplet	Recommended
Generic	Mineral Oil (pure)	Liquid	Recommended
Kirkland Signature	Optifiber	Powder	Recommended
Metamucil	3 in 1 Multi Health	Capsule	Not Recommended
Metamucil	4 in 1 Fiber with Real Sugar (Unflavored)	Powder	Recommended
Metamucil	4-in-1 Fiber No Added Sweeteners (unflavored)	Powder	Recommended

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Fiber Supplement/Laxative

Metamucil	4-in-1 Fiber Sugar Free Orange	Powder	Not Recommended unless other choices are not suitable
Metamucil	4-in-1 Orange Smooth Powder Real Sugar	Powder	Not Recommended unless other choices are not suitable
Metmucil	Premium Blend Sugar Free with Stevia Orange Flavor	Powder	Not Recommended
Miralax	Powder	Powder	Recommended
Pedia-Lax	Chewable	Tablets	Recommended
Pedia-Lax	Liquid Stool Softener Berry Flavor	Liquid	Recommended
Pedia-Lax	Suppository	Suppository	Recommended
Phillips Milk of Magnesia	Caplets	Caplets	Recommended
Phillips Milk of Magnesia	Cherry Flavor Liquid	Liquid	Not Recommended
Phillips Milk of Magnesia	Original Liquid (unflavored)	Liquid	Recommended
Polyethylene Glycol (pure)	Generic or Branded versions	Powder	Recommended
Senokot	Tablets	Tablets	Recommended
Senokot-S	Tablets	Tablets	Recommended
Walgreens	Chocolate Stimulant Laxative	Chocolate Pieces	Not Recommended
Walgreens	Mineral Oil	Liquid	Recommended

Gas/Indigestion Relief

Alka Seltzer	Alka-Seltzer Xtra Strength	Effervescent Tablets	Recommended
Alka Seltzer	Heartburn Relief Fruit Chews	Chewable Tablet	Not Recommended
Alka Seltzer	Kids Tummy ReliefChews	Chewable	Not Recommended
Alka Seltzer	Lemon Lime Effervescent Tabs	Tablets	Not Recommended
Alka Seltzer	Original Effervescent Tabs	Tablets	Recommended
CVS Health	Gas Relief Maximum Strength Chewables (Mixed Berry Flavor)	Soft chewables	Not Recommended (and Dairy)
Gas-X	Extra Strength Cherry Crème	Chewable Tablet	Recommended
Gas-X	Extra Strength Chewables Peppermint Crème	Chewable	Not Recommended
Gas-X	Soft Gel Extra Strength	Softgel	Not Recommended
Gas-X	Soft Gel Ultra Strength	Softgel	Not Recommended
Gas-X	Total Relief Maximum Strength (Berries Flavor)	Chewable Tablets	Recommended
Gaviscon	Double Action (Mint Flavor)	Chewable Tablets	Recommended
Gaviscon	Extra Strength Cherry	Chewables	Recommended
Gaviscon	Extra Strength Liquid (Cool Mint Flavor)	Liquid	Not Recommended
Gaviscon	Extra Strength Original	Chewable	Recommended

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Gas/Indigestion Relief

Good Sense	Lansoprazole Delayed Release Orally Disintegrating Tablets (Strawberry Flavor)	Tablets	Recommended
Mylicon	Infant's Dye-Free Drops	Liquid	Recommended
Pepcid	Complete Berry Flavor Chewables	Chewables	Recommended (dairy)
Pepcid	Complete Cool Mint Chewables	Chewables	Recommended (dairy)
Pepcid	Complete Tropical Fruit Flavor	Chewable Tablet	Recommended (dairy)
Pepto Bismol	5 Symptom Relief Caplets	Caplets	Recommended
Pepto Bismol	5 Symptom Relief Cherry	Liquid	Recommended
Pepto Bismol	5 Symptom Relief Chewables	Chewable	Recommended
Pepto Bismol	Kids Pepto Bubble Gum Flavor	Chewable Tablets	Recommended
Pepto Bismol	Ultra	Liquid	Recommended
Tums	EX - Assorted Berries, Assorted Fruit, Assorted Tropical Fruit, Cherry, Wintergreen	Chewable	Recommended when bearing Diamond K or OU
Tums	Kids (Cherry)	Chewable	Recommended when bearing Diamond K or OU
Tums	Regular - Assorted Fruit, Sugar Free and Peppermint	Chewable	Recommended when bearing Diamond K or OU
Tums	Smoothies - Assorted Fruit, Berry Fusion, Peppermint, Spearmint, and Tropical	Chewable	Recommended when bearing Diamond K or OU
Tums	Ultra - Assorted Berries, Assorted Fruit, Assorted Tropical Fruit, Peppermint, and Spearmint	Chewable	Recommended when bearing Diamond K or OU

Miscellaneous

Anbesol	Gel	Gel	Not Recommended
Anbesol	Maximum Strength Liquid	Liquid	Recommended
Asthma Inhalers, all types		Liquid Vapor	Recommended
Bayer	Low Dose Baby Aspirin Chewables (Cherry and Orange)	Chewable	Recommended
Bee Pollen, Pure			Recommended if Pure with No Additives
Bonine	Raspberry Flavored	Chewable	Recommended (dairy)
Castor Oil (pure)		Liquid	Recommended for cholim (sick people)
Chapstick	Classic Original		Recommended
Chapstick	Moisturizer		Recommended
Collagen		Powder	Requires reliable kosher certification
Emergen-C	1000 mg Vitamin C Dietary Supplement Super Orange	Powder	Not Recommended
Enfamil	Soothe	Powder	Recommended
Ensure	Assorted nutritional supplements		Recommended when bearing OU

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Miscellaneous

Femcon	Fe (brown and white pills)	chewable tablet	Recommended (dairy)
Fixodent	Extra Hold	Powder	Recommended
Fixodent	Original	Cream	Recommended
FlavorX	Assorted flavors	Liquid	Recommended when bearing Star-K
Floss	Flavored		Preferable to use unflavored floss
Floss	Unflavored		Recommended
Kanka	Mouth-Pain Liquid	Liquid	Recommended
Kanka	Softbrush Gel	Gel	Not Recommended
Lip Balm, Assorted			All are recommended, preferably without flavor
Lipo Flavonoid Plus		Caplet	Recommended
Lipo Flavonoid Plus		Caplet	Recommended
Listerine	Cool Mint PocketMist	Liquid	Not Recommended
Listerine PocketPaks	Assorted varieties	Dissolving strip	Recommended when bearing Kof-K
Midol	Complete	Gelcap	Not Recommended
NoDoz	Alertness Aid	Caplet	Recommended
Orajel	Mouth Sores Triple Medicated	Gel	Recommended
Polident	3 Minute	Tablet	Recommended
Polident	Overnight Whitening	Tablet	Recommended
Polygrip	Free	Cream	Recommended
Polygrip	Original	Cream	Recommended
Sambucol	Black Elderberry Dietary Supplement	Liquid	Recommended
St. Joseph	81mg Chewable Aspirin	Chewable	Recommended
Vivarin		Tablet	Recommended
Zarbees	Black Elderberry Syrup Immune Support	Liquid	Not Recommended

Motion Sickness

Dramamine	Chewable for Kids (Grape Flavor, including Dye-Free)	Chewable Tablets	Recommended
Dramamine	Chewables	Chewable	Recommended
Dramamine	Ginger Chews	Soft Chews	Not Recommended
Dramamine	Made with Natural Ginger	capsules	Not Recommended
Dramamine	Original	Tablet (non-chewable)	Recommended

Mouth Pain Relief

OraCoats	XyliMelts	Oral-adehering discs	Recommended
Orajel	4X Toothache and Gum	Cream	Recommended

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Mouthwash

cRc position is that mouthwash does not require hashgachah, but it is preferred to use a kosher variety if available.

Toms of Maine	Wicked Fresh Mouthwash	Liquid	Recommended When Bearing OU
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Pain Relief/Fever Reducer

Advil	Children's Suspension - all flavors	Liquid	cRc Kosher has not investigated this item, but Rabbi Bess and the Kollel of Los Angeles have researched it and determined that it is suitable for use year-round and for Pesach.
Advil	Infants Suspension (Grape)	Liquid	Recommended
Advil	Infants' Drops Dye Free – White Grape	Liquid	cRc Kosher has not investigated this item, but Rabbi Bess and the Kollel of Los Angeles have researched it and determined that it is suitable for use year-round and for Pesach.
Advil	Junior Strength Chewables (grape)	Tablet	Not Recommended
Advil	Liqui-Gels	Gelcap	Not Recommended
Advil	Migraine Liqui-Gel	Gelcap	Not Recommended
Aleve	Gelcaps	Gelcaps	Not Recommended
Aleve	Liquid Gels	Gelcap	Not Recommended
Amazon Basic Care	Children's Ibuprofen Chewable Tablets (Orange Flavor)	Chewable Tablets	Recommended
Camber Consumer Care	Children's Ibuprofen (Original Berry Flavor)	Liquid	Not Recommended
CVS	Children's Ibuprofen (Orange or Grape Flavor)	Chewable Tablets	Recommended
CVS	Children's Ibuprofen Berry Flavor	Liquid	Not Recommended
CVS	Children's Pain & Fever Acetaminophen (Grape Flavor)	Liquid	Not Recommended
CVS Health	Children's Pain Relief Acetaminophen (Grape Flavor)	Chewable Tablets	Recommended
CVS Health	Infants' Acetaminophen (Cherry Flavor)	Liquid	Not Recommended
DG Health	Children's Pain and Fever Chewables Grape Flavor	Tablet	Recommended
Equate	Children's Ibuprofen (Berry Flavor)	Liquid	Not Recommended
Equate	Children's Pain Reliever Acetaminophen (Dye Free Cherry Flavor)	Liquid	Not Recommended
Genexa	Kid's Pain & Fever	Liquid	Recommended
Genexa	Kids Pain and Fever	Liquid	Recommended
Hyland's	4 Kids Sore Throat (Natural Grape Flavor)	Liquid	Not Recommended

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Pain Relief/Fever Reducer

Kosher-Meds	Childrens Ibuprofen (Originall Berry Flavor)	Liquid	Recommended when bearing the OU
Major	Children's Mapap Acetaminophen Chewables (Bubble Gum Flavor)	Chewable Tablets	Recommended
Midol	Complete	Caplets	Recommended
Motrin	Childrens Chewable (Grape Flavor)	Tablet	Recommended
Motrin	Children's Chewable (Grape Flavor)	Chewable Tablets	Recommended
Motrin	Children's Oral Suspension (all flavors)	Liquid	cRc Kosher has not investigated this item, but Rabbi Bess and the Kollel of Los Angeles have researched it and determined that it is suitable for use year-round and for Pesach.
Motrin	Infant Drops Original Berry Flavor (Including Dye-Free)	Liquid	Recommended
Signature Care	Children's Ibuprofen Berry Flavor	Liquid	Not Recommended
Signature Care	Childrens Ibuprofen Grape Flavor Chewable	Tablet	Recommended
Signature Care	Children's Pain Relief Chewables Acetaminophen Bubble Gum Flavor	Tablet	Recommended
Signature Care	Children's Pain Reliever Bubble Gum Flavor	Liquid	Not Recommended
Signature Care	Dye-Free Children's Pain Reliever Grape Flavor	Liquid	Not Recommended
Signature Care	Infants Ibuprofen Berry Flavor	Liquid	Not Recommended
Top Care	Children's Pain and Fever Acetaminophen, Cherry Flavor	Liquid	Not Recommended
Tylenol	Adult Dissolve Packs (Berry Flavor)	Powder	Recommended
Tylenol	Children's Dye Free Suspension	Liquid	cRc Kosher has not investigated this item, but Rabbi Bess and the Kollel of Los Angeles have researched it and determined that it is suitable for use year-round and for Pesach.
Tylenol	Children's Suspension - All Flavors	Liquid	cRc Kosher has not investigated this item, but Rabbi Bess and the Kollel of Los Angeles have researched it and determined that it is suitable for use year-round and for Pesach.
Tylenol	Childrens Chewables (Bubble Gum or Grape Flavor)	Chewable tablet	Recommended
Tylenol	Childrens Dissolve Packs	Powder	Recommended

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Pain Relief/Fever Reducer

Tylenol	Family Suspension	Liquid	cRc Kosher has not investigated this item, but Rabbi Bess and the Kollel of Los Angeles have researched it and determined that it is suitable for use year-round and for Pesach.
Up & Up	Children's Acetaminophen Liquid	Liquid	Not Recommended
Up & Up	Children's Ibuprofen Liquid (Berry)	Liquid	Not Recommended
Up & Up	Dye-Free Infants Concentrated Ibuprofen (Berry Flavor)	Liquid	Not Recommended
Vazalore	Liquid Filled Aspirin Capsules	Liquid Filled Capsules	Not Recommended
Walgreens	Children's Ibuprofen (Berry Flavor)	Liquid	Not Recommended
Walgreens	Children's Ibuprofen 100 Chewable Tablets (Orange or Grape flavor)	Tablet	Recommended
Walgreens	Infants Ibuprofen Dye-Free Berry Flavor	Liquid	Not Recommended

Sleep Aid

Unisom	SleepGels	SoftGels	Not Recommended
Unisom	Sleepmelts	Meltaway	Recommended
Unisom	SleepTab	Tablet	Recommended
Vicks	ZzzQuil Liquid (Warming Berry)	Liquid	Not Recommended
Vicks	ZzzQuil Liquidcaps	Liquidcap	Not Recommended
Zarbees	Children's Chewable Tablets with Melatonin (Grape Flavor)	Chewable Tablets	Not Recommended

Throat Irritation

Mucinex	Insta-Soothe Kickstart	Spray	Recommended
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Toothpaste

cRc position is that toothpaste does not require hashgachah, but it is preferred to use a kosher variety if available.

	Disposable Toothbrush		Requires Reliable Kosher Certification
AIM	Multi Benefit Ultra Mint Gel		Recommended
Arm & Hammer	Advanced White Baking Soda and Peroxide		Recommended
Arm & Hammer	Peroxi Care Baking Soda and Peroxide		Recommended
Colgate	All toothpaste varieties sold in the USA		Recommended, including those made in Mexico
Colgate	Bubble Fruit Flavor		Recommended
Colgate	Max fresh with Mini Breath Strips Whitening Clean Mint		Recommended
Colgate	Max Fresh with Mini Breath Strips Whitening Cool Mint		Recommended

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Crest	Cavity Protection Regular Paste		Recommended
Crest	Kids Crest Cavity Protection Sparkle Fun		Recommended
Crest	Tartar Protection Regular Paste		Recommended
Toms of Maine	Whole Care Peppermint	Gel	Recommended when bearing OU

Vitamins

cRc position is that generally vitamins are treated as food supplements which require hashgachah even if they are in pill form.

If a doctor recommends a specific vitamin which is not certified, please review your situation with your doctor and Rabbi.

Enfamil	D-Vi-Sol Drops	Liquid	cRc Kosher has not investigated this item, but Rabbi Bess and the Kollel of Los Angeles have researched it and determined that it is suitable for use year-round and for Pesach.
Enfamil	Poly-Vi-Sol Drops	Liquid	cRc Kosher has not investigated this item, but Rabbi Bess and the Kollel of Los Angeles have researched it and determined that it is suitable for use year-round and for Pesach.
Enfamil	Poly-Vi-Sol Drops with Iron	Liquid	cRc Kosher has not investigated this item, but Rabbi Bess and the Kollel of Los Angeles have researched it and determined that it is suitable for use year-round and for Pesach.
Enfamil	Tri-Vi-Sol Drops	Liquid	cRc Kosher has not investigated this item, but Rabbi Bess and the Kollel of Los Angeles have researched it and determined that it is suitable for use year-round and for Pesach.
Freedra	Assorted		Recommended when bearing OU
Landau	Assorted		Recommended when bearing the Volover Rav's certification mark
Maxi Health	Assorted		Recommended when bearing OU
Multivitamins		Tablet	See detail

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Nutri-Supreme	Assorted		Recommended when bearing Kof-K
Prenatal Vitamins		Tablet	Recommended in tablet form
Solgar	Assorted		Recommended when bearing Kof-K