# **MEDICINES AND COSMETICS**

# **MEDICINE GUIDELINES**

The cRc's general guidelines on medicines, cosmetics and toiletries can be found on page 3 of this guide. The following is a summary of the medicine portion of those guidelines:

- All pill medication with or without chametz that one swallows is permitted. [Candy-coated pills are an exception to this rule, but they are quite uncommon.]
- Rav Schwartz, shlit"a has ruled that, as a rule, vitamins do <u>not</u> qualify as medications and are instead treated as food supplements, which require *hashgachah* for Passover. If a doctor prescribes a specific vitamin which does not have Passover supervision, please review your specific situation with your doctor and Rabbi.
- Liquid and chewable medications that may contain chametz should only be used under the direction of a doctor and Rabbi, who will judge the severity of the illness, the likelihood that the medicine contains chametz, and the possibility of substituting a swallowable pill. Important: Do not discontinue use of liquid, chewable or any other medicine without consulting with your doctor and Rabbi.
- Liquid and chewable medications that contain kitnios may be consumed by someone who is ill.
- For laws of taking medicine on Shabbos and Yom Tov, please consult your Rabbi.

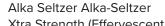
# MEDICINE AND TOILETRY DETAILS

Items marked "Possible *chametz*" contain edible ingredients whose *chametz*-status we were unable to determine; these items may be permitted for someone who is seriously ill, and consumers should consult with their Rabbi.

For an expanded and updated list of products, search www.ASKcRc.org or our smartphone apps.

#### **ALLERGY**

Adwe Allergy Relief (Liquid) Recommended	
Allegra Children's Liquid Suspension (Liquid)	
Allegra Children's Orally Disintegrating TabletPossible chametz (dairy)	
Claritin Children's (Chewable) Possible <i>chametz</i>	
Zyrtec Children's Allergy Indoor & Outdoor Allergies (Liquid) Possible <i>chametz</i>	
Zyrtec Children's Dissolve Tabs Possible <i>chametz</i>	

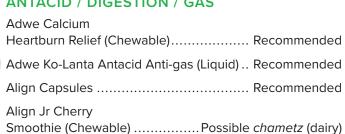


Xtra Strength (Effervescent Tablets) Possible <i>chametz</i>
Alka Seltzer Original Effervescent Tabs
Culturelle Kids (Chewable) Possible <i>chametz</i>
Culturelle Kids Packets Daily Probiotic (Powder)
Gas-X Extra Strength Cherry Crème (Chewable)
Gas-X Extra Strength Peppermint Crème (Chewable) Possible <i>chametz</i>
Imodium AD For Ages 6 & Up (Liquid) Possible <i>chametz</i>
Imodium AD Liquid Possible <i>chametz</i>
Imodium AD Multi-symptom Relief (Caplets) Recommended

Kaopectate Max Peppermint (Liquid)......Possible chametz

Regular Flavor (Liquid) ...... Possible chametz

# ANTACID / DIGESTION / GAS



Kaopectate Vanilla

Pepto Bismol 5 Symptom Relief (Caplets) Recommended	Triaminic Day Time Cold and Cough Cherry Flavor (Liquid)
Pepto Bismol 5	Vick's DayQuil Cough (Liquid)Possible chametz
Symptom Relief (Chewable) Possible <i>chametz</i> Pepto Bismol 5	Vicks Nyquil Children's Cold and Cough (Liquid)Possible <i>chametz</i>
Symptom Relief Cherry (Liquid) Possible <i>chametz</i>	Vicks Nyquil Cough (Liquid) Possible chametz
Pepto Bismol Children's Pepto Bubble Gum Flavor (Chewable Tablets) Possible <i>chametz</i>	Vicks Nyquil Liquid Cold & Flu (Liquid) Possible chametz
Pepto Bismol Ultra (Liquid) Possible chametz	Zarbee's Children's Nighttime Cough Syrup Grape Flavor (Liquid) Possible chametz
Tums Assorted Varieties (Chewable) Possible <i>chametz</i>	Zarbee's Naturals Children's
BLUSH	Cough Syrup (Liquid) Possible chametz
All are recommended	Zicam Cold Remedy RapidMelts (Cherry flavor) (Tablets)
BODY SOAP	Zicam Rapidmelts Ultra
All are recommended	(Orange Cream Flavor) (Tablet) Possible <i>chametz</i>
COLOGNE	CREAMS
Only recommended if free of (denatured) alcohol or if manufactured in the United States	All are recommended
COUGH, COLD & FLU	DEODORANT
Adwe Cough Syrup Tussin (Liquid) Recommended	Gel
Alka Seltzer Plus Cold Effervescent Tabs (includes Night	Liquid
Cold Formula)	Spray Recommended if free of (denatured) alcohol or if manufactured in the United States
Formula (Effervescent Tablets) Possible <i>chametz</i>	FIBER SUPPLEMENTS
Cold-EEZE Sugar Free Wild Cherry Flavor (Lozenge) Not Recommended	see Laxatives
Delsym 12 Hour Cough Relief (Orange Flavor) (Liquid)Possible <i>chametz</i>	FEVER REDUCER / PAIN RELIEF Adwe Fever-Ex (Liquid) Recommended
Delsym Children's 12 Hour Cough Liquid (Grape Flavor) (Liquid) Possible <i>chametz</i>	Signature Care Junior Strength Ibuprofen Grape Flavor (Chewable) Possible <i>chametz</i>
Delsym Children's 12 Hour Cough Liquid (Orange Flavor) (Liquid)Possible <i>chametz</i>	Walgreens Junior Strength Ibuprofen 100 (Orange or Grape flavor) (Chewable) Recommended
Mucinex Chest Congestion Mini-Melts for Kids Bubble	GAS
Gum Flavor (Dissolving Granules) Possible chametz	see Antacid/Digestion/Gas
Theraflu Multi-Symptom Severe Cold (Packets)Possible <i>chametz</i>	HAIRSPRAY AND MOUSSE
Thera-Flu Nighttime Severe Cold and Cough (Powder) Possible chametz	Recommended if free of (denatured) alcohol or if manufactured in the United States

(Grape flavor) (Liquid)...... Not Recommended

Triaminic Children's Night Time Cold and Cough

#### **INDIGESTION**

see Antacid/Digestion/Gas

#### LAXATIVES / FIBER SUPPLEMENTS

Benefiber (powder) .... Chametz (Not Recommended) Benefiber Healthy Shape (Powder) ...... Chametz (Not Recommended) Benefiber Stick Packs (unflavored) (Powder)...... Chametz (Not Recommended) Citrucel (Caplets)...... Recommended Dulcolax Overnight Relief (Tablets) ........ Recommended Dulcolax Pink (Tablets)...... Recommended Dulcolax Suppository...... Recommended Epsom Salt (pure) Generic or Branded versions (Powder)...... Recommended Ex-Lax Tablets ...... Recommended Fibercon Caplets...... Recommended Generic Mineral Oil (pure) (Liquid) ...... Recommended Metamucil Original Coarse (Powder)...... Recommended Miralax (Powder) ...... Recommended Pedia-Lax (Suppository) ...... Recommended Peri-Colase (Tablets)...... Recommended Phillips Milk of Magnesia (Caplets)...... Recommended Phillips Milk of Magnesia Fresh Mint (Liquid)...... Possible chametz Phillips Milk of Magnesia Original (unflavored) (Liquid) ...... Recommended Polyethylene Glycol (pure) Generic or Branded versions (Powder) ...... Recommended Prunelax Ciruelax (Tablets) ...... Recommended Senokot (Tablets) ...... Recommended Senokot-S (Tablets) ...... Recommended Walgreens Mineral Oil (Liquid)...... Recommended

## **LOTIONS**

All are recommended

### **MASCARA**

All are recommended

#### **MISCELLANEOUS**

Asthma Inhalers, all types (Liquid Vapor) Recommended
Bayer Low Dose Baby Aspirin (Cherry and Orange) (Chewable) Possible <i>chametz</i>
Bonine Complete Raspberry Flavored (Chewable)Possible <i>chametz</i> (dairy)
Castor Oil (pure) (Liquid) Recommended
Chapstick Classic Original Recommended
Chapstick Moisturizer Recommended
Dramamine Chewables Orange Flavor (Chewable)
Ensure, Assorted nutritional supplementsSee Nutritional Supplement Listings
Femcon Fe (brown and white pills) (Chewable tablet)Possible <i>chametz</i> (dairy)
Fixodent Original (Cream) Recommended
FlavorX Apple, Grape, Lemon, Raspberry and Watermelon flavors (Liquid) Possible <i>chametz</i>
Floss, Flavored Possible <i>chametz</i>
Floss, Unflavored Recommended
Kanka Mouth-pain (Liquid) Possible <i>chametz</i>
Lip Balm, Assorted Recommended
Listerine PocketPaks, Assorted varieties (Dissolving strip) Not Recommended
NoDoz Alertness Aid (Pill) Recommended
Orajel Maximum Strength Toothache (Gel)
Pedialyte Liters and Singles (Liquid) Recommended
Polident 3 Minute (Tablet) Possible <i>chametz</i>
Polident Overnight Whitening (Tablet) Possible ${\it chametz}$
Polygrip Free (Cream) Recommended
Polygrip Original (Cream) Recommended
Probiotics powders, liquids & gelcaps need certification
Probiotics pills do not need certification
St. Joseph 81mg Aspirin (Chewable) Possible <i>chametz</i>
Unisom SleepTab (Tablet) Recommended
Vicks ZzzQuil (Liquid) Possible chametz

#### **MOUSSE**

see Hairspray and Mousse

#### **MOUTHWASH**

Only recommended if known to be chametz-free

#### **NAIL POLISH**

All are recommended

#### **OINTMENTS**

All are recommended



# **PERFUME**

Recommended if free of (denatured) alcohol or if manufactured in the United States

#### **SHAMPOO**

All are recommended

#### SHAVING CREAM

# **TOOTHPASTE**

Only recommended if known to be chametz-free

#### **VITAMINS**

See Guidelines above

## **WIPES**

Recommended if free of (denatured) alcohol or if manufactured in the United States

The cRc investigates the kosher status of **medicinal items** for Pesach and year-round (See our website at http://bit.ly/OTCList, by searching at www.ASKcRc.org, or our app.) If you have a question about something not listed there, feel free to take a picture of all sides of the package, making sure to also include the active and inactive ingredients, and send it to info@crcweb.org, so someone can help you.

In addition of proving a wealth of *kashrus* information on our websites and apps, the cRc is happy to answer questions submitted by members of the community. Often, these questions require time and effort to research and make sure we are providing accurate and up-to-date information; serving the public is our mission and we are happy to make that effort. Occasionally, someone eager for an answer will direct the same question to several members of our *kashrus* team, not realizing that all of them may wind up spending time researching the very same question, which reduces the number of questions from the public that we field during that time. Therefore, we ask that questions be submitted only to one member of our *kashrus* team. Thank you for being considerate with our time and resources and helping us to better serve the community.